

Sun Valley Skating School

Celebrating Our 77th Season!

Nestled in the middle of the spectacular Sawtooth Mountain Range is picturesque Sun Valley. There is no better place to train than the Sun Valley Skating Center which features:

- High altitude training
- Full-service skate shop
- Beautiful 180x90 foot outdoor rink
- Up to 20 sessions a day to choose from
- Full-size indoor rink with ballet studio & jumping harness
- International staff of over 20 top professionals & champions
- Over 10 different clinics offered by some of the most well respected professionals in the country

Other Summer Activities

Mountain Biking Paved Bike Paths Hiking **Bowling Alley** Horseback Riding Gun Club Golf River Rafting Paragliding Fishing Boating Olympic Size Pool Two Heated Pools Hot Tub Sauna Full Service Salon Massage Facilities Art Galleries Shopping Outdoor Concerts 17 Tennis Courts Restaurants

Dine at the famous Lodge Terrace, where guests may watch world-renowned skaters practice for the Sun Valley Summer Ice Shows.

For more information and to download registration forms please visit our website www.sunvalley.com/icelessons.



Sun Valley Skating School

208.622.2193 • skatingcenter@sunvalley.com sunvalley com/icelessons











& Basic Skills Keep in touch for exciting kids' programs Email: ryanbradley1@gmail.com and events throughout the season



SV Skating School Coaches

Lisa Marie Allen

Coaches: Freestyle, Choreography Email: Lmask8r@aol.com

Darlin Baker

Coaches: Freestyle, Dance, Moves in the Field & Choreography Email: darlin@darlinsdarlins.com

Jeremy Barrett

Coaches: Freestyle, Pairs & Pole Harness Email: jeremybarrett2010@gmail.com

Julie Barnett

Coaches: Freestyle, Dance & Moves in the Field Email: ronandjulieedge@cox.net

Judy Blumberg

Coaches: Dance, Freestyle, Moves & Choreography Email: judybnnyc@aol.com

Brent Bommentre

Coaches: Ice Dance & Moves in the Field Email: skaterbab@aol.com

Ryan Bradley

Coaches: Spins, Jumps

Ty Cockrum

Coaches: Ice Dance, Moves in the Field & Choreography Email: genetyrrell@mac.com

Ashley Clark

Coaches: Style, Choreography, Freestyle, Spins, Moves in the Field & Dartfish Certified Email: sk8erclark@mac.com

Joel Dear

Coaches: Ice Dance, Choreography & Aerial Skills Email: idearonice@yahoo.com

Sonya Dunfield

Experience in all areas of skating from beginners to Olympic Medal pupils. Phone: 208.622.7126

Linda Fratianne

Coaches: Freestyle Email: LFratianne@aol.com

Stephanee Grosscup

Coaches: Choreography, Spins, Moves, Style & Line Email: spinsfaster@me.com

Gia Guddat

Coaches: Freestyle, Choreography, Style & Clinics Email: giaguddatSV@aol.com

Anita Hartshorn

Coaches: Freestyle, Moves, Pairs & Choreography Email: fandaice@aol.com

Craig Heath

Coaches: Spins, Freestyle & Choreography Email: cheathbar1@aol.com

Andrei Khvalko

Coaches: Freestyle & Pairs Email: elanskater@aol.com

Elena Leonova

Coaches: Freestyle & Pairs Email: elanskater@aol.com

Michele Monnier

Coaches: Figures. Freestyle. Dance, Moves & Choreography Email: stashaspanky@gmail.com

Kim Navarro

Coaches: Freestyle, Dance, Moves in the Field & Choreography Email: knava16@aol.com

Dawn Peterson

Coaches: Hockey, Figure, Freestyle, Moves, Hockey & Power Skating Email: dmpsunvalley@yahoo.com

Erin Reed

Coaches: Spins, Jumps, Basic Skills & Choreography **Email:** erintreed@gmail.com

Frank Sweiding

Coaches: Freestyle, Pairs, Figures & Style Email: fandaice@aol.com

Holly Wheeler

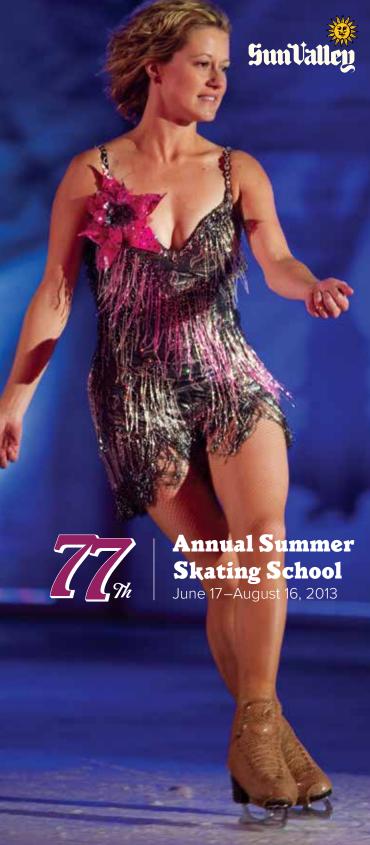
Coaches: Figures, Freestyle & Moves

Email: hollywheeler8@msn.com

Natalia Zaitseva

Coaches: Freestyle, Pairs, Power Stroking & Choreography TRX, Zumba & Off Ice Conditioning Email: nzaya@mail.ru







Registration

Weekly Rates:

Reservations are made on a Monday through Friday basis. Walkon's for sessions at the Skating Center will be on a first-come, first-served basis at \$13.00 per session. Sessions fill up quickly. See the payment schedule sheet for individual and weekly prices for sessions and clinics.

Lockers: \$10 per week or \$30 per month.

Register for ice time:

For your convenience we now offer online registration at **www.sunvalley.com/icelessons.** Applications will be taken online, by mail or fax. Phone reservations cannot be accepted. All fees are due by June 1, 2013. Late applications may be accepted on space available basis. For information only please call 208.622.2192 or 208.622.2193.

Mailing Address:

Scott Irvine - Sun Valley Ice Skating School

Sun Valley Resort

PO Box 10, Sun Valley, Idaho 83353

If you would prefer to receive your application forms by mail please call 208.622.2193 or email your request to skatingcenter@sunvalley.com



Summer Ice Shows

Join the excitement every Saturday night at dusk, July through Labor Day. Call the Sun Valley Recreation office for information and tickets:



Ryan Bradley
US Gold Medalist

"Sun Valley is the most anticipated time of my year. It is my little home away from home. I hope to keep coming back for the rest of my life."

Special Events

2013 Sun Valley Summer Championships / July 17-21

The annual Sun Valley Summer Championships. Official practice ice for the non-qualifying events begins Wednesday, July 17. Official events run Thursday, July 18 through Sunday July 21.

The Sun Valley Summer Championships offers events from Basic Skills to Senior in Compulsory, Free-Skate, Artistic, Showcase, Improvisation and Group Production.

For more information please visit us online at www.sunvalleyfsc.com or email us at info@sunvalleyfsc.com.

Sun Valley FSC Summer 2013 Test Sessions

Sunday, July 28 - Application deadline is **July 5 Sunday, August 25** - Application deadline is **August 2**Applications can be downloaded from the SVFSC website www.sunvalleyfsc.com

9th Annual Adult Skaters Weekend / August 21–24

The adult's only weekend will include:

- 12 sessions with On Ice Seminars
- World-class presenters in Freestyle, Dance & Choreography
- On Ice activities and clinics fee \$360

Gondola ride and lunch are available w/an additional cost.

Call or go online for details at www.sunvalley.com/icelessons

Frank Carroll / Monday, July 22

Class focuses on off-ice jumps, stretching, on-ice spins, on-ice moves & edges and on-ice jumps.

Cost: \$160 per skater / \$50 per coach (coaches with 4 or more skaters FREE)

High Test: 8am-12pm / Low Test: 1-5pm

Skating Clinics: Your Turn on The Ice

Spin to Win with Craig Heath

Class will focus on Craig's techniques to improve overall speed, length of spins and positions. With the new judging system in place, this is the perfect time to give extra attention to all of your spins.

Dates: 6/18–8/15 **Cost:** \$32 per week

Time: 8:30-8:55am / Tuesday & Thursday

Off-Ice Conditioning

Each day will focus on different strength and conditioning exercises, including stretching, off-ice jumps, dance, etc. To help build core strength and flexibility. Ballet studio.

Dates: 6/17–8/16 Cost: \$50 per week
Time: 11:30am–12:15pm / Mondays, Wednesdays & Fridays

Old School Edges with Lisa-Marie Allen

Class offers skaters a warm-up routine working on basic and complex movements using exercises with edges and turns. Helpful in strengthening overall skating skills and creative ability for step sequences and connecting steps. Juvenile level & above. Indoor Rink

Dates: 6/18–8/15 **Cost:** \$32 per week

Time: 3:35-4pm / Tuesday & Thursday

Jumpin' with Jozef Sabovcik

Take your skating to new heights! Jozef will focus on a different jump each week, emphasizing technique and practice exercises. Video analysis and Jozef's renowned jumping skills will have you soaring above the competition.

Dates: 7/8–8/16 **Cost:** \$16 per class

Time: 5:10–5:35pm / Fridays

Stepping Out!

Learn to perform like a pro. Each week a new dance combination is taught to music and developed to performance quality by Friday. Focus is on learning new step combinations, counting music, learning to perform and developing different styles.

Dates: 7/1–8/16 **Cost:** \$70 per week

Time: 3:10–3:35pm / Monday–Friday

Stroking with Natalia Zaitseva

Maximize your overall power on the ice through your edges, your knees and your feet. Exercises and drills will be adapted to all skating levels.

Dates: 6/17–8/16 **Cost:** \$36 per week **Time:** 3:35–4pm / Monday, Wednesday & Friday

Sk8 Tricks with Craig Heath

Sk8 Tricks focuses on all the different traditional "show tricks" such as butterflys, illusions, hydroblading, spread eagles, stars, etc.

Dates: 6/21–8/16 **Cost:** \$16 per week

Time: 8:30–8:55am / Friday

Jump to Win with Craig Heath

Give your day a "JUMP" start with Craig's "Jump to Win." Class focuses on jump technique, exercise to improve jumping ability, solid landing positions & overall consistency.

Dates: 6/17–8/14 **Cost:** \$32 per week

Time: 8:30-8:55am / Mondays & Wednesdays

Dance Revolution

Whether you're a beginner or an experienced ice dancer, hone your skills in this class. Join our rotating staff of dance coaches and feel the thrill of one of figure skating's most popular disciplines.

Dates: 7/1–8/12 **Cost:** \$16 per class

Time: 5:10–5:35pm / Mondays

Theater on Ice with Gia Guddat

Skaters will explore a wide range of musical styles and ideas, with an emphasis on the dramatic and show business side of skating. Focus is on musical interpretation, character development, use of space, relating to an audience, working with props and show skating moves. All levels of skaters are welcome.

Dates: 6/18–8/15 **Cost:** \$32 per week

Time: 5:10-5:35pm / Tuesday & Thursdays

Coffee Club (Adults Only)

Join us on the beautiful outdoor rink for a morning of learning & fun. Class is for adults only, taught by a rotating staff of professionals focusing on a different aspect of the sport each day. Skills include edges, moves, dance, choreography, style, musical interpretation and more. Coffee and general session included.

Dates: 6/17–8/16 **Cost:** \$75 per week

Time: 9:05-9:30am / Monday-Friday

Rhythm on Ice

Inspired by Latin rhythms, this easy-to-follow, calorie burning dance fitness party on ice is sure to put a spring in your step and a smile on your face. All levels welcome.

Dates: 6/22–8/31 **Cost:** \$16 per class

Time: 9:05–9:30am / Saturdays

Spiral in Style with Darlin Baker

Make your spirals sparkle and shine. Class will focus on basic spirals to advanced spirals, variations and extensions. Emphasis will be on technique, turn out, extension and flexibility, while working on sustaining positions and being creative.

Dates: 6/19–8/14 **Cost:** \$16 per week

Time: 5:10-5:35 / Wednesdays